

*The right tools make any job easier.*

# Aging in Place: Services for In-Home Care



*Join Home Helpers and Kindred at Home for an informative evening about services available to the family caregiver, as well as those who wish to age at home.*

**THURSDAY, June 9 • 6:00 - 7:30 pm**  
at Home Helpers • 123 E. Ogden Avenue, Suite 102A • Hinsdale

- Learn about Kindred at Home's Safe Strides Program – an in-home service that provides targeted therapies, strategies and exercises to help aging clients avoid life-changing falls.
- Consider the many ways that in-home hospice care can make life's last days, weeks and months as pleasant as possible for the client and the entire family.
- Discover how Home Helpers' skilled nursing services can reduce doctor visits, ensure medication compliance and help with management of acute as well as chronic conditions.
- Explore the many local resources available to help people, and their families, as they age.

Speakers for the evening include:

- ▲ **Brooke Adeszko**, Home Health specialist, Girling Home Health, an affiliate of Kindred at Home
- ▲ **Barbara Fedyna BSN, RN**, Kindred at Home Hospice Specialist
- ▲ **Jackie Raschke, CDP**, Director of Education and Memory Care Services, Home Helpers Hinsdale

Kindred  
at Home  
Hospice



Making *Life Easier*™

REGISTER FOR THIS FREE TALK AT  
[jackie@maryandmikecare.com](mailto:jackie@maryandmikecare.com) or call (630) 686-1369